



School Nutrition Training Events– April 2016

- ◆ Council Bluffs-Tuesday, April 26
- ◆ Cedar Rapids- Wednesday, April 27
- ◆ Trainers from Institute of Child Nutrition
- ◆ No cost to schools. Mileage and sub-pay available.

Using the Cafeteria as a Classroom 8:00AM - Noon

St. Albert High School, Co. Bluffs
Kirkwood Continuing Education Center, Cedar Rapids

Learn to:

- **Market Healthy Options**
- **Reach out to the School Community**
- **Communicate with Parents**
- **Explore Farm to School Possibilities**

Limit of two staff per school district. Same staff can also attend "Practical Skills for Preparing Quality Meals."

Practical Skills for Preparing Quality Meals 1:00 - 5:00 PM

St. Albert High School, Co. Bluffs
Kirkwood Culinary Kitchen, Newbo
City Market - Cedar Rapids

Learn the 5 steps for PROUD meal service through hands-on activities.

- **Plan** food production for just-in-time service;
- **Review** the quality score card and recipe;
- **Organize** equipment and recipe ingredients;
- **Use** the right culinary technique; and finally,
- **Deliver** a quality product.

Limit of two staff per school district. Same staff can also attend "Using the Cafeteria as a Classroom."

For more information and to register, go to [Education Events-Nutrition](#) on the Iowa Department of Education website.